



The Stella Star

Term 3 Week 1

10 July 2012

Dear .Parents and Caregivers
Term Three begins and a busy one it is too, so, at this time I thought I'd provide an overview of the events and the term's focal points. Not mentioned, but prominent throughout Term 3, will be preparations for our school musical, **Joseph and His Amazing Technicolour Dreamcoat**. When you read through the list of significant events during Term 3, you will recognise that the music and cultural staff will be kept very busy indeed.

Week 1 (9-15 July)

Please be aware that, due to weather and state of the grounds, the **Athletics Carnival field events scheduled for Wed 11th has been postponed**. It is most likely that track events on Fri 13th, also, will need to be re-scheduled. But don't forget the **P&F Meeting** tonight at 6.30. It is still ON! You are all very welcome.

Week 2 (16-22 July)

On Wednesday 18 July, my five-yearly **appraisal** concludes with the visit by the external Review Panel members (Paul Blundell, David Cashman and Sue Branson) and a day of meeting with nominated parents, staff and students. On Thursday 19th a school committee meets with staff members from St Benedict's, Mango Hill to begin co-planning for the **data gathering and analysis project** for which both schools will receive \$47 000 for development and completion over the next 18 months. The evening of 19th, the **School Board** also meets at 6.30.

Week 3 (23-29 July)

This week we celebrate **Catholic Education Week** with a few wonderful events. On Monday 23rd, choir members will take part in the **Sunshine Coast Choral Spectacular** being hosted at Siena this year. Then, on Tuesday, all parents with students starting in Prep next year are invited to an informal **Prep Parents 2013 Morning Tea** to meet each other. Year 7 students will provide tours for those new to the school. On Wednesday 25 July, the boys' **AFL team plays Nudgee Junior in the Grand Final at the Gabba** and on the morning of Thursday 26th July, we welcome all our grandparents to the much-anticipated **Grandparents' Day**. The following day, **interschool sport** begins for Year 6 and 7 and don't forget **Dad's Golf Day** organised by the P&F!

Week 4 (30 July-5 Aug)

This week the **Sunshine Coast Junior Eisteddfod** begins with the **Speech** section and at the end of Week 4 we have one of the year's highlights, the **Stella Fair** on Sunday 5 July.

Week 5 (6-12 Aug)

The **Sunshine Coast Junior Eisteddfod** continues with the **Wind and Brass** sections on 5th, 6th and 7th August and **Strings** on 8th, 9th and 10th. The **District Athletics** competition takes place on Tuesday 7th and Thursday 9th August and the second **Interschool Sports** day for Years 6 and 7 is on Friday 10 August. **MusicFest** finals are held on Sunday 12 August.

Week 6 (13-19 Aug)

What a busy week! A week of meetings with **P&F** on Tuesday 14th and **School Board** on Thursday 16th August, with the **Cultural Evening** on Wednesday 15th in the Hall from 6.30 to 7.30. The **Sunshine Coast Junior Eisteddfod, Piano** section runs 11th to 14th and the **Vocal** section from 15th to 19th. The **Queensland Catholic Schools Music Festival** is held on Friday 17 August at which the Concert Band, and Choirs will perform. As a lead-in to Book Week, the library hosts the **author's visit** on 14th, 15th and 16th.

Weeks 7 (20-26 Aug)

Week 7 is **Book Week** at Stella Maris with lots of exciting events. **Year 5 Camp** also runs this week from Wednesday 22 to Friday 24 August at Mapleton. Friday 24 August is the third **Interschool Sports Day** for Year 6 and 7.

Weeks 8 and 9 (27 Aug-2 Sept) and (3-9 Sept)

These are relatively quiet weeks with **Year 6 Camp** on Wednesday 29th to Friday 31st August at Ewen Maddock Dam at Landsborough in Week 8 and the final **Interschool Sport** day for Year 6 and 7 students on Friday 7 Sept in Week 9.

Weeks 10 and 11 (10-16 Sept) and (17-21 Sept)

The September **P&F Meeting** falls on Tuesday 11 Sept (Week 10) and **School Board** on Thursday 20 Sept (Week 11) before the **end of term** on Friday 21 September and a big sigh of relief and well-deserved rest from routine.

So here's to a very exciting term ahead, with enormous thanks, in advance, to students, staff and parents for all the hard work and help that will be needed over the next eleven weeks.

Have a great first week everyone. **Glenda**

DanceFever - Congratulations to All Dancers

What an enjoyable evening we had at the DanceFever Interschool Dance Challenge which was held the last Wednesday evening of term. Thank you to the staff, students and parents who supported the event. This year St Joseph's, Nambour and Stella Maris travelled to Gympie reciprocating St Pat's visit to Nambour for last year's Challenge. The drive up the highway was worth it to see the students dancing beautifully with each other. They were such a credit to their families and their schools. The following students gained ribbons for place-getting in the two dances:

Waltz

- Year 4 2nd Lachlan England & Zoe Hunter
- Year 5 1st Ethan O'Rourke & Kiama Marsh
- Year 6 2nd Lachlan Pugsley & Ruby McClure
3rd Sophia Cruise & Chloe Edwards
- Year 7 2nd Shaun McAnally & Millie Cruise
3rd Bailey Gray & Lily Scott

Mambo

- Year 4 2nd Ethan O'Rourke & Imogen Small
- Year 5 1st Dominic Carmody & Emma Burchell
3rd Jesse Johnston & Hannah Edgar
- Year 6 2nd Tenelle Maroney & Michael Baillie
3rd Bianca Peters & Paul Currie
- Year 7 2nd Josh Circelli & Sophie Holzer
3rd Kelly Morris & Matthew Lundgren

SAFETY FIRST

Please give way to students on the pedestrian crossings and do not park in 'No Standing' zones on either sides of them. We had a near miss this morning when a student, doing the right thing, started crossing the road on the pedestrian crossing and someone in a four-wheel drive nearly knocked him over. **PEDESTRIANS HAVE RIGHT OF WAY ON CROSSINGS** and cars must **GIVE WAY**.

Your cooperation will ensure the safety of the children.

P&F News

Hello Everyone again from the Stella P&F and welcome back to Term 3.

This term marks a very busy time for the P&F with our major event for the year being held in less than four weeks' time "The Stella Fair." Considerable work has gone in and will go in to the organising of the Fair and I ask that wherever possible you support and contribute to this year's Fair being a tremendous success. If asked to contribute to a stall and or man a stall for a period, can I ask that you seriously consider helping and not leave it to the few to put their hand up to assist. The more helpers the easier it is for everyone and the greater success it will be. It is all for our school and ultimately our children after all.

A very important announcement is for the "Dad's Golf Day". Circulated at the end of Term 2 was a flyer announcing a change of date to the **29th July**. That gives us just under 3 weeks to get our names in to secure our tee off and enjoy the day. The day is not restricted to just dads, as mates and other interested participants are also welcome. Strong interest has come in already so please act quickly to avoid disappointment. Golf skills are not essential! The day will include a BBQ lunch, Golf Clinic by ex-touring pro, Golf and cart hire all for \$65 (fantastic value). The day is to be held at the resort style course at Peregian Springs GC. Many more entertaining events on the day. We have already secured strong business sponsorship, so if interested in promoting your business in the Stella Community please contact me for details. Bookings can be secured by contacting me directly or by registering on Facebook on the Stella Maris P&F page.

Once again to all families at Stella the school community is only as strong as the strength of participation so please support those that support our children. A reminder that the P&F meetings are held on the second Tuesday of every month at 6.30 p.m. in the school staffroom.

ATTENTION ALL STELLA GOLFERS (DADS AND DAD'S MATES) DUE TO COURSE AVAILABILITY THE STELLA DAD'S GOLF DAY IS TO BE RESCHEDULED TO JULY 29TH (ONE WEEK LATER THAN BEFORE)

**PEREGIAN SPRINGS GOLF COURSE
TICKETS WILL BE ON SALE FIRST WEEK BACK AT SCHOOL
NUMBERS ARE LIMITED SO BOOK EARLY TO SECURE YOUR TEE OFF**

INCLUDED IN TICKET PRICE \$65.00

SAUSAGE SIZZLE BBQ LUNCH

FREE GOLF CLINIC BY FORMER PGA TOURING PRO

18 HOLES RESORT STANDARD GOLF COURSE

MOTORISED CART HIRE

BOOKINGS CAN BE MADE BY NOTIFICATION VIA

STELLA MARIS P&F FACEBOOK SITE OR

BY PHONING TIM EVA 0423 517 937



RAINBOWS

Begins Wednesday, 18th July.

Registration forms still available from the office.

**TOMORROWS ATHLETICS
CARNIVAL HAS BEEN POSTPONED**

APRE News



Dear Parents/Caregivers,

This is the *Year of Grace* in the Archdiocese when we are encouraged to become more aware of God's presence in our lives and in our world. This experience of God's Grace brings Peacefulness into our lives, the Virtue in focus for this fortnight.

Peacefulness is an inner sense of calm - it comes from becoming still in order to reflect and meditate on our inner wisdom and receive answers. A peaceful heart is one that is free from worry and trouble. It is in becoming present to our inner spirit that we can look at things quietly, so we can more clearly understand them and thus come up with creative solutions. It is learning to live in the present.

Meditation can help us rest our minds and be at peace. There are several ways to meditate and each person needs to find the way that is best for them. One suggestion is to just sit in a quiet place and relax your mind. Be aware of your breaths as you breathe in and out for the first few minutes. Now take your mind on a much needed vacation. Imagine being in your favourite place in the world. Maybe it is the serenity of the beach, the colourful garden of an array of flowers, or maybe it is in the mountains among God's trees of wonderful nature.

Rest your mind in this place seeing all the colours, feeling the breeze, feeling the warmth of the sunshine. Use your imagination to really feel your mind's environment. Picture yourself in this place, feeling love, peace, and joy. You can do this for 10 or 15 minutes, more if you like, but when you are done just let your mind be still. Don't think about anything, but keep your mind at peace. If intrusive thoughts or problems try to enter your mind, just gently push them away and go back to your place of comfort. Allowing yourself this time for meditation daily will rejuvenate your mind. It also introduces you to your inner self.

In the silence of our meditations, we can access the spirit of God that is within us. Sometimes, when we step back from having to make a decision and rest our minds, the way forward often becomes very clear. When we emerge from our meditations, we feel at peace. God is peace and meditating brings us to an acute awareness of the spirit of God within us. Only in silence can you hear God's whisper that will guide, support and love you on your journey through life. Mother Teresa often said that silence is where God speaks to us. She also said in essence: *Close your eyes, close your mouth and listen to God speak to you.* The busy hustle of life keeps us from finding this wonderful truth of God dwelling within as our friend, our guide and our comforter. He is always accessible to us, whenever we need Him. We are never, ever alone.

We all have a purpose in life and many do not know what this is because everyday stress and hustle and bustle keeps us too busy to become silent and listen to our inner truth. When we become acutely in tune to our inner being, we also become aware of the direction to take in life in line with our life's purpose. The secret of life lies within the soul.

"He will cover you with his feathers, and under his wings you will find refuge; his faithfulness will be your shield..."(Psalm 91:4).

May your journey be graced this term with God's peace and blessing.

Judith.

Your Child and the Sacraments 2012

SACRAMENTAL REMINDER

The next workshop for Confirmation and First Communion is on Sunday 15th July 1.30 – 4.30pm at Stella Maris School.

Don't forget to bring your COMPLETED passport and request form to the Parish Office BEFORE THE 15TH.

It is essential that this step be completed before the workshop.

The Parish Pastoral Team





MUSIC NOTES

"Music in the soul can be heard by the universe." ~ Lao Tzu ~

TIP OF THE WEEK - Sit with your child while they play at home. Maybe they could show you how to play a few notes.

MUSICAL NEWS – 'JOSEPH AND THE AMAZING TECHNICOLOR DREAMCOAT' - All Cast members (singers, dancers, backstage helpers), are reminded to check the notice board outside the Music Room and outside the tuck shop for the weekly schedule of rehearsals. A new weekly schedule will be posted at the beginning of each week.

Students are also asked to check the Tuck Shop and the Music Room for a cast list to ensure their name is on the list, it is spelled correctly, and your correct class is listed. If there are any errors, please see Mrs Durrer or Mr Wynyard before Thursday.

CHOIR NEWS - On Monday 23 July, STELLA FELLAS and SM SINGERS choirs, together with other Catholic schools will gather at Siena Primary School for a choral workshop with Mr Paul Holley. A culminating event will be a concert featuring performances by the combined Primary choir of approx 200 students and combined College choir of approx 100 students, each conducted by Paul as well as each individual school's performance. We are truly very fortunate to have his talents brought to us here on the coast. Notes will be sent home with students this week.

The following is a brief outline of Paul's many talents.

Paul Holley

Paul Holley is a choral conductor, educator and motivator. His personal warmth and passion for choral music have inspired many singers to discover and develop their skills and achieve personal fulfilment as choral musicians.



Presently Paul is the Associate Director of Voices of Birralee and conducts two ensembles within this organisation, the Birralee Blokes and Resonance of Birralee. Both of these ensembles have toured nationally and internationally representing Australia at festivals and competitions. He is also the principal conductor of the national youth choir Gondwana Chorale. In addition to these roles, Paul is a choral director and teacher at Brisbane Girls Grammar School and he serves as President of the ANCA QLD/NT chapter.

As a choral educator, Paul is dedicated to excellence in choral education and regularly features as guest conductor/clinician at festivals, conferences and music competitions throughout Australia. He also contributed a chapter to the book *Male Voices: Stories of boys learning through making music* (S D Harrison, Ed, 2009, ACER).

We encourage as many families as possible to attend what promises to be a wonderful twilight concert of magical young voices. **Ticket costs are: Adults \$5, School aged children – gold coin donation.** Please see Mrs Durrer for further details.

We are also requiring a few parent volunteers to assist prior to and on the day. If you are able to help, please let me know as soon as possible.

INSTRUMENTAL MUSIC NEWS - Term 3 lesson timetables were emailed to all enrolled families last Thursday, so please check your inbox! If you did not get the time-tables, please email us at StellaMarisMusic@bne.catholic.edu.au. Lessons and ensemble sessions began on MONDAY 9 JULY.

If you have queries regarding anything musical – please feel free to catch up with us before or after school, by contacting us in writing or via email.

Musically Yours,

Inez Durrer

Classroom Music Specialist

idurrer@bne.catholic.edu.au

Todd Wynyard

Instrumental Music Coordinator

twynyard@bne.catholic.edu.au

calendar of events

July 11	Inter-House Athletics (Field Events) POSTPONED
July 13	Inter-House Athletics (Track Events) LIKELY TO BE POSTPONED
July 19	7A Assembly Item
July 22-28	Catholic Education Week
July 23	Sunshine Coast Schools Choral Festival
July 26	Grandparents' Day
July 27	Interschool Sport Yrs 6 & 7
July 29	Dad's Golf Day
July 29	Sunshine Coast Junior Eisteddfod (Speech)
July 31	NSW Uni English Competition
August 2	3C Assembly Item

AFTER SCHOOL CARE

Immanuel OSHC Bus

The Immanuel OSHC bus commences running Tuesday 10 July for Monday, Tuesday and Wednesday afternoons. If you are still interested in this service please contact Tamara Scutts (manager, ILOSHC) on 5477 3418 or **0435 114 767** or oshc@immanuel.qld.edu.au to obtain booking form.

This service will only continue to run if the numbers are available (minimum 9 children per day)

Honesty is the best policy

Thank you to:

Joseph Taylor, Mackenzie Brown, Harrison Thiele, Rory Bell, Christopher Hall, Kyan Woodforth

Music Awards

Term 2 Music Award Recipients

Presented at assembly on Thursday 12 July.

Harry Dreger, Sarun Lamb, Sarah Martin, Savannah Maas, Abby O'Brien, Tara Watson, Mia Ellery, Rachel Hamilton, Joshua Linnett, Luke Wynyard, Nicholas Siddans, Sabrina Delgado, Sasha Pace, Kai Gilles, Olivia Hunt, Jackson Bartholomew, Destyn Faux, Olivia O'Rourke, Angus Scales, Caitlin Webster, Tristan Eva, James Thompson, Chloe Edwards, Alicia Delgado, Heather Smith, Paul Currie, and Keely Ansell.

UNIFORM SHOP

Uniform Shop Hours

Monday	8.00am - 10.00am
Wednesday	10.15am - 3.15pm
Thursday	8.00am - 1.00pm
Keep smiling!	Leanne Dowe Uniform Convenor



3-4pm Tuesdays
\$60
Starts 24th July

Tuckshop News..



Wed 11/07	Thurs 12/07	Fri 13/07	Mon 16/07	Tues 17/07
T Goring	M Austin	L Corcoran J McMillan	J Reginato A McArdle	P Zepeda N Michael

Ingredients Roster

Week Ending 13 July- M Damaggio, A Brown, A Brunswick, A Corby, A Currie, A Horridge, A MacDonald, A Maguire, A McLaughlin, A Pearson, A Roser, B Baillie, B Gardner, B Gordon, C Crowe, C Kemp, C Moloney, C Penn

Taming the Tiger- Parenting Your Anxious Child.

Just a thought

This 8 week program is for parents who want to learn to minimise their child's anxiety through positive parenting.

The program is offered to max. 8 parents of children of any age who are able to regularly attend a 2 hour weekly meeting. If you would like to take part in this course please email Christine Craig

ccraig@bne.catholic.edu.au

with your name, contact details and times that you are available.

I would anticipate starting in the middle of Term 3 and finishing mid-Term 4.



Christine Craig (Guidance Counsellor)
email: ccraig@bne.catholic.edu.au

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