# The Stella Star

Term 3 Week 11

Dear Parents and Caregivers,

#### **STELLA MARIS ADOPT-A-COP**

Parents and students may notice a police vehicle in the school car park from time to time. That is because a couple of weeks ago I had the privilege of being officially adopted by the Stella Maris School as their Adopt-A-Cop. My name is Senior Constable Rachael Whalan and I received a very warm welcome from the students, teachers and parents who were present at that assembly.

Most of my time at work is spent investigating unfortunate things like car crashes and criminal offences. Luckily I also get to do some more enjoyable tasks and part of my job is to take a special interest in the goings on at Stella Maris School.

This will involve getting to know students in the playground and taking up invitations from teachers to talk to students in classrooms on areas of interest or concern where police may have a unique perspective to offer. I may also attend some school functions throughout the year.

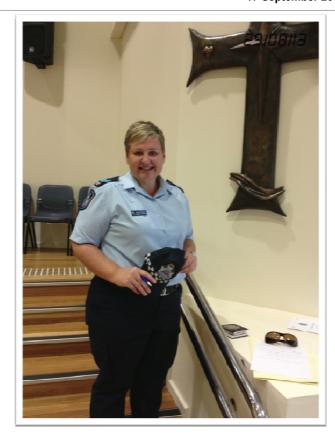
So while my involvement in the school will be somewhat limited to the time available (a couple of days each term), I very much look forward to getting to know as many of you as possible and becoming involved in the Stella Maris School community.

#### ATHLETICS CARNIVAL - Prep - Yr 3

Last Friday we finally managed to hold an Athletics day for the Prep to Yr 3 students. Wet weather has postponed previous attempts. The year 7's have been working with the students to learn all about war cries and there were some hoarse voices by the end of the day (especially some very enthusiastic teachers). It was a totally different program that had been developed by Mrs Curtis (0C) and Mrs Till (Phys Ed) and the events ran very close to time. Some folks asked why we started at 11.30am instead of 9am because that would have allowed the day to finish early and then parents could take their children home. By finishing at 3.00pm the older siblings were able to complete their day at school. When we finish an event earlier than 3.00pm some parents collect all the members of the family and take them home early. It is a matter of convenience but it does disrupt learning time and it is extra work for the staff at reception to enter the details into the electronic attendance register. Teachers plan a full day of learning for their class and taking students home early means they do miss some of the planned learning activities. You might like to consider waiting until 3.05pm to pickup as usual when attending an event that finishes earlier than 3.05pm. It's never all the class that is collected so the teachers will be supervising students who remain until the end of the day.

Weather permitting we will hold the Yr 4-7 Athletics carnival this coming Friday, the last day of the term, with a more familiar schedule of Races being held over at the Maroochy High track followed by the traditional field events being staged on Hunter and Bliss ovals back at Stella. War cries will feature again at the sprints scheduled to commence at 9.00am.

17 September 2013



Senior Constable Rachael Whalan

LOST PROPERTY - With this being the last week of the term it is an opportunity to check if there is any lost or missing property and if so have a look in the lost property bin which resides near the entrance to the Yr 7 classrooms. The bin was nearly overflowing yesterday following the Prep-Yr 3 carnival last Friday. Please remind your children to be especially careful of their property during the Yr 4-7 Athletics carnival on the last day of term.

**POT HOLE** - It is my hope that the pot hole will be patched during the holidays. To say the least this has been quite a saga to date and may well be an ongoing issue for us as the quote to do the work required to ensure no further issues was extremely expensive involving several alterations to the existing roadway to remove all water from the surface in a timely manner. Apparently it's water that gets into the asphalt that creates these holes and as you know it rains a bit around here! We will continue to explore options however we will patch the existing craters. I hope, where possible, you get to enjoy your children's company during the two weeks of the holidays while the staff take an opportunity to refresh and rejuvenate. We look forward to returning on Tuesday 8<sup>th</sup> October as the Monday is the Labour Day Public Holiday.

Terry

All absentees to be notified by 9.30am
Please speak clearly when you advise us of your childs name and class.

### Yrs4 - 7 ATHLETICS Carnival

Friday 20th September
The Carnival will commence at 9.00am. With
Track events at Maroochy High Oval and Field events on Bliss
(Back) Oval. Commencing at 11.30am
Carnival ends at 3.00pm (Please don't pick up early).

### **Prep - Year 3 Athletics Carnival**

Congratulations to all students who took part in Fridays Athletics carnival. It was great to see students and staff having fun and creating a vibrant atmosphere. Whilst the emphasis was on participation, points were awarded for various events. The final points were:

1st Waroo - 207 2nd Pigabella - 182 3rd Munum - 152

4th Banjora - 140

Thankyou to everyone involved for such a memorable day!

# Bring out the best in your child with musical education!

The Australian Youth Choir helps young people discover their hidden vocal talent. They not only learn to sing and read music, they learn team skills, make new friends and become part of a wide circle of performers. Visit us at <a href="https://www.niypaa.com.au">www.niypaa.com.au</a>
NIYPAA will be visiting Stella Maris School soon on Wednesday, 9 October 2013 at 9:00am.

# Principal's Awards

19 September 2013

Grace Pillar, Lachlan Gintrac, Xavier Carmody, Alix Fuda,
James Martin, Emily Murphy, Brendan Kemp, Ivy Kidd, Makayla Jarrott,
Lily D'Souza, Ashton Portors, Ebony Person, Bella Seddons,
Archie Bartolo, Teagan Small, Arliah Ingley, Matilda Jarrott, Lily Harkin,
Jackson Smith-Leishman, Ashton Teed, Lachlan McDonald,
Ruby Sheather, Charlotte McArdle, Zeb Mackey,
Isobel Grant-Latemore, Travis Craven, Emily Blanchard,
Isabella Stanaway, Lucy Carolan, Tahlia McSwan.

#### **Social Justice Committee Initiative**

Please remember to bring a GOLD coin donation to guess the number of lollies in the jar. Bought to you by the Social Justice Committee in support of the "Feed My Starving Children Foundation".

The lucky winner will receive the Lollie Jar and two Movie Tickets.

Blessed are those who are generous, because they feed the poor.

— Proverbs 22:9







Walk as Children of the Light

### Immanuel Lutheran College

Spaces for After School Care – Term 4 as well as Vacation Care are still available. Information and booking forms are on the webpage phone OSHC.

#### **Tamara Scutts**

Outside School Hours Care Coordinator
T. 07 5477 3418 W. www.immanuel.qld.edu.au

PLEASE CHECK THE LOST PROPERTY BOX THIS WEEK AS IT WILL BE EMPTIED ON FRIDAY.

### **APRE** News

Dear Parents/Caregivers

This is our third week with Peacefulness as the Virtue in focus. With the holidays fast approaching, perhaps examining the Virtue of Peacefulness in detail – i.e. what it looks like, sounds like, feels like - may help with the practicalities of having the children at home and interacting peacefully in a more sustained way.

Peacefulness involves approaching conflict in such a way that it is being fair to others and yourself. Practicing peacefulness helps to create a calm mind free from worry. Peacemakers find there are many creative ways to solve any problem.

To find inner peace:

- Become very still and think peaceful thoughts;
- ◆ Observe and think about your feelings, like anger, instead of acting with anger;
- ◆ Talk things out & listen to the other person too;
- Use peaceful language instead of name-calling, yelling or gossiping;
- Avoid aggressive or violent actions.

Peacefulness comes especially in quiet moments of reflection or gratitude and brings with it an inner sense of calm. It is quietening your thoughts as well as your body and looking at things carefully so you can understand them. Peacefulness is giving up the love of power for the power of love. Violence never solves anything. With peacefulness, believe it or not, everyone wins. The following quote from Lao Tsu explains how the Virtue of Peace in the world begins with peace in your heart:

Cultivate virtue in your self, and virtue will be real.
Cultivate virtue in the family, and virtue will flourish.
Cultivate virtue in the village and virtue will spread.
Cultivate virtue in the nation and virtue will be abundant.
Cultivate virtue in the world and virtue will triumph everywhere.

(http://www.ppseawa.org/peace-initiatives/the-virtue-peacefulness)

Without peace, no one is safe; people get hurt. Fighting doesn't solve problems and no one really wins a war. With peacefulness, any problem can be solved. When you respect others and their differences and are peaceful, people around you feel calm and safe.

Please continue to keep in your prayers our world leaders and the people of Syria so that negotiations may result in a resolution which will help the peace process, rather than hinder it.

I hope you and your family find some time to relax and smell the roses over the holidays.

God bless, Judith.

### **MUSIC NOTES**

. QUOTE OF THE WEEK

\* "Don't say you don't have enough time. You have exactly the same number of hours per day that were given to Helen Keller, Louis Pasteur, Michelangelo, Mother Teresa, Leonardo de Vinci, Thomas Jefferson, and Albert Einstein." ~ Anon ~

**TIP OF THE WEEK – for Parents -** Make a point to talk to your child's teacher. Find out what areas your child needs to improve on so that you can implement that during your practice time at home.

It has been a long, busy and also productive and successful term! Thank you to all students for your focus and commitment to music activities in Term 3.



#### MUSIC COUNT US IN - Thursday 31 October

Music Count Us In is Australia's biggest school initiative. With support from The Australian Government, it has run since 2007 and is all about celebrating the value of music education to students' development, whoever they are, wherever

they are. It involves more than 600,000 students, teachers - and often parents – from schools all over Australia who sign up to learn, rehearse, then perform the same song, on the same day, at the same time.

Music: Count Us In is for all schools - primary and secondary, State and independent, nationwide. It doesn't cost anything for schools to participate and all the support materials, including song charts and arrangements and classroom activity kits are freely available and downloadable. The following link provides more information about 'Music Count Us In' as well as the audio for this years' song. http://www.musiccountusin.org.au

#### **DATE CLAIMERS**

Assembly - Thursday 17 October Junior Strings

Stella Spotlight - **Wednesday 16 October** *All Choral and Instrumental Ensembles* 

Musica Viva - Wednesday 30 October All classes

Assembly - Thursday 31 October Bella Voce and Grace Notes, all students for Music Count Us In

 $\it Piano\ Soiree$  – Thursday 7 November Ms Worthy's students – Hall @ 6pm

Singing Soiree – Wednesday 13 November  ${\sf Ms}$  Bond's students – Hall @ 6pm

Gayndah Excursion – **Thursday 21 November** Senior Concert Band, SM Singers, String Ensemble

**INSTRUMENTAL NEWS -** The holidays are a great time to have your musical instrument serviced to keep it in tip top condition. Contact the following to arrange a service ready for next term – for brass and woodwind instruments call Hornfix on 0406 760 293 or Mark Shipton on 5441 4566, for strings call Dean McCluskey on 0438 514 451, for piano call Bill Vine on 0412 785 781.

Draft lesson timetables are currently being finalised for next term and any changes should be advised ASAP to avoid additional charges. Remember that four weeks of notice in writing is required prior to the end of a school term to change enrolment.

Remember, if you need to contact your child's tutor, details are shown on the top left corner of the lesson timetable. If you have queries regarding anything musical – please feel free to catch up with us before or after school, by contacting us in writing or via email.

Musically Yours,

Inez Durrer Todd Wynyard

Classroom Music Specialist Instrumental Music Coordinator idurrer@bne.catholic.edu.au twynyard@bne.catholic.edu.au

# calentar of events

September 19 Prep D Assembly Item
September 20 Year 4-7 Athletics,
September 20 Last Day Term 3
October 8 19 Prep D Assembly Item
Year 4-7 Athletics,
Last Day Term 3

October 16 Stella SpotlightEvening 6.00pm

October 17 Junoir Strings Assembly
October 21 Pupil Free Day

October 24 Year 2A Assembly Item

October 30 Musica Viva

October 30 1A & 1C Liturgy 9.00am

October 31 Bella Voce & Grace Notes Assembly Item

October 31 Prep A Liturgy 2.00pm November 5 Prep Orientation Day 1 November 6 2A & 2B Liturgy 9.00am

November 7 Prep Orientation Day 2 - No Assembly

November 7 Prep D Liturgy 2.00pm November 14 4C & 4D Liturgy 2.00pm

November 21 Gayndah Excursion - Snr Concert Band, SM Singers

& String Ensemble

November 22 Presentation Day Liturgy
November 28 Year 5's to visit Siena College
December 3 Year 7 Graduation Dinner

December 4 Year 5's to visit St John's Nambour

December 4 Year 7 Graduation Liturgy
December 6 School year ends

Thoi Aust week 2nd, 3rd and 9th.

Thomas McClure competed at the Australian Nationals in Adelaide last week for swimming. Thomas placed

**Extraordinary performance Thomas!** 

Congratulations to Willem Johnstone, Jack Gillespie, Ethan Petcos and Jarrod Young who gained selection into the Sunshine Coast Team to compete in the 10 -12 Years STATE Track and Field Championships to be held in Brisbane on the 15th and 16th October. Willem - 1st 100m, Jack - 2nd Long Jump, Ethan - 2nd High Jump, Jarrod 3rd Shot Put.

Well done Boys and Good Luck!

Congratulations to **Kynan** and **Kaden Gillespie** who competed in the Grand Finals at the Noosa District Tennis Association and **WON!**Well done Boys!

Congratulations to Joshua Norton 4D, Ella Shuttleworth 5A, Patrick Stibbard 3D, Brad Stibbard (Dad), Dyon Crerar 4C and Jun Lee 5C who were graded and promoted recently at Rhee TaeKwon-Do Maroochydore.

Well Done everyone!

# Tuckshop News...



# Due to end of term we have limited stock. We will endeavour to fill all orders.

Wed 18/09	Thurs 19/09	Fri 20/09	Mon 07/10	Tues 08/10
	D Vann F Johannsen	L Wallace J McMillan L Corcoran	LABOUR DAY HOLIDAY	A Schofield

### Ingredients Roster

Week Ending 20 September - S McGahan, S Wilsonl ,S Murray, S O'Brien, S Parker, S Thompson, T Carmody, T Di Pietra, T Duggan, T Godfrey, T Gorring, T Grant, T Mahon, T Northey, T Pugsley,

T Stowe, V Jones, V Maroney, V Portors

# **Parent-Child Communication TV versus Toys & Books**

Since the first television screens lit up our living rooms scientists have been studying its effect on young children. Why? Because watching TV can lead to less interaction between parents and children, which then lowers a child's literacy and language skills.

There are differences in the way mums communicate with their children while engaged with books, toys, and TV.

When a mum and child are focusing on the same object, be that a book, toy or TV show, the mother's response can have an important impact on their child's understanding and self-perception.

By explaining and describing objects or new words and images, or by prompting conversation through questions, mum can help to engage her child with the activity. The parent can also provide positive feedback and encouragement to a child, or repeat what the child has said to help familiarize them with certain words or sights.

Mothers who are communicating with their child promote a positive self-perception for the child as well as fostering trust in the parent.

If maternal responsiveness is absent, children learn that their environment is unpredictable and may become anxious, knowing that their bids for attention or help may be ignored.

Mothers who co-read books communicate significantly more with their children than mothers watching TV. The amount of communication involved in reading was not significantly higher than playing with toys. However, the quality of maternal responsiveness was higher in books than toys.

The team found that when reading a book with their children parents used a more active communication style, bringing the child into contact with words they may not hear in every day speech, thereby improving their vocabulary and grammatical knowledge. In contrast watching TV resulted in significantly fewer descriptions and positive responses than mothers playing with toys.

Reading books together increases the maternal communication beyond a level required for reading, while watching TV decreased maternal communication. This is significant when we consider the amount of time young children spend watching TV. In some cases children are left alone to watch TV, missing out on any parental communication at a critical stage in their development.

Wonder how this applies to DVD's in cars and does a Nintendo DS play iSpy?

Christine Craig (Guidance Counsellor) email:ccraig@bne.catholic.edu.au

























